

CBG 'n Me

-Timebox-

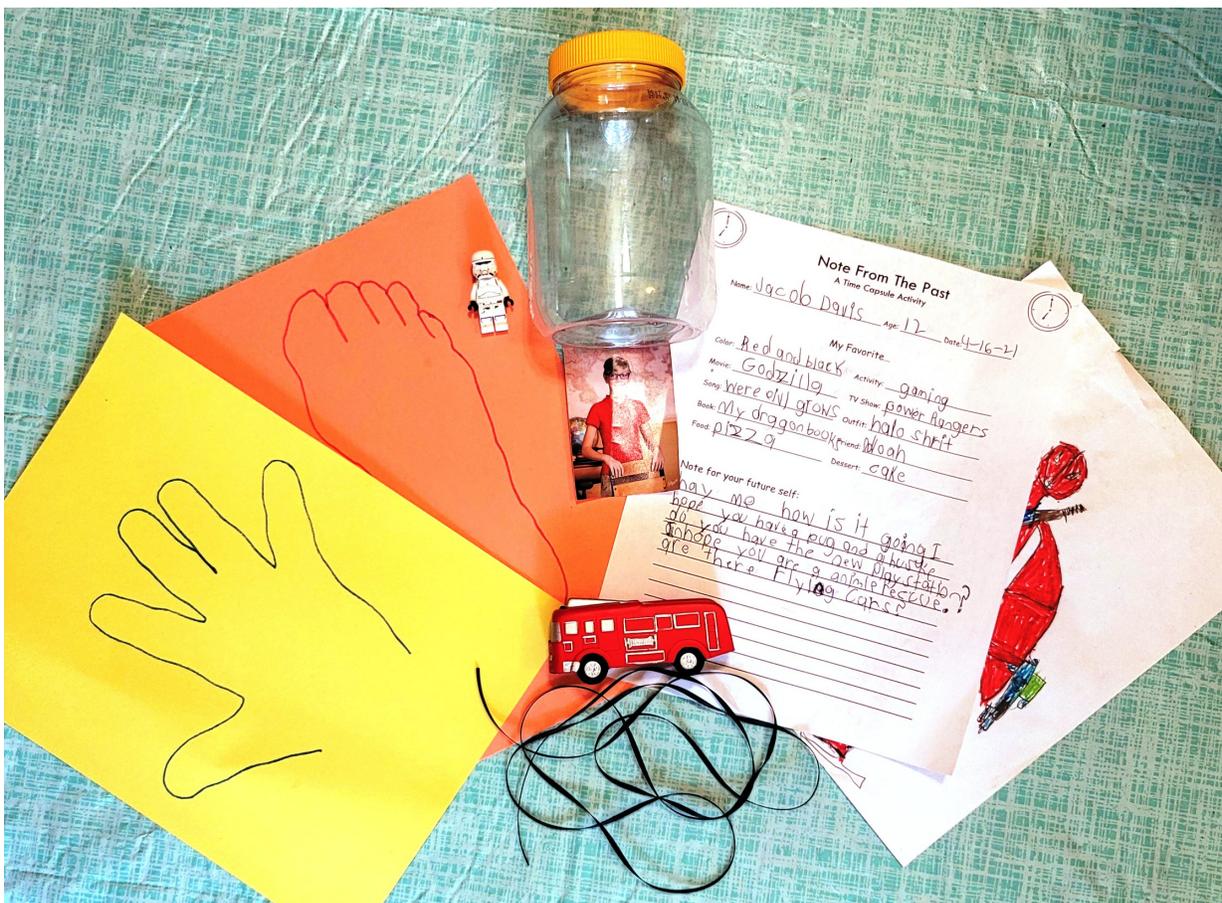
Each year at camp, we gather items that have some meaning for us and connects us to that summer and that year.

After the last session of camp is over, all the counselors get together and bury the time box at camp in hopes that someday in the far future, it will be dug up. Then people will get to see what was happening during the year that the time box was buried.

While we don't get a chance to make a time box together this year, we can still make a time box at home and hide it away. One day in the far future, when you can dig it up or find it, you get to re-live some fun moments from your past.

Materials Needed:

- A container -Empty jar, Pringles Can, Shoe Box - whatever you can find that will hold your mementos
- Things to decorate with -Construction paper, Markers, Stickers, Ribbons
- Things to put in the time box (mementoes)



Suggestions for Mementoes:

- Completed “Note From The Past” form
- A note from your parent, grandparent, caregiver, or friend
- A picture or two
- A piece of artwork
- A tracing of your hand and/or foot
- Cut outs from magazines of things that you like
- A ribbon or certificate of one of your recent achievements
- A string showing how tall you are
- Any other small items that showcase you, your personality, your hobbies, etc.

Instructions:



- Decorate your time box
- Use paper, markers, stickers, or whatever you want to personalize your time box.
- Be sure to leave a spot for your name, today's date,



- Place your mementos in the time box
- Write "Do not open until 2031!"
- Put your time box in a location where it will be nice and safe like under a bed or in the back of a closet.
- In ten years open the time box and reflect on the fun memories inside!